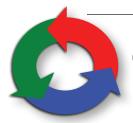
# Residential services and housing for persons with developmental disabilities or mental illness challenges.



## **Christ Centered Homes, Inc.**

Reflecting the Highest Standards • Improving all Services • Empowering all Individuals



#### **About Christ Centered Homes**

Helping others enjoy a more fulfilling life!

Christ Centered Homes (CCH), Inc. is a Christian-based nonprofit provider of residential services and housing for people with developmental disabilities or mental illness. As our name suggests, the Christian model of compassion and caring is central to our mission to serve the needs of others.

We understand that providing housing and living essentials to those with challenging disabilities starts with a caring, compassionate attitude—one that respects the dignity and worth of all persons.

Our service model is built on a reliable and unwavering commitment to the personal needs of the individuals we serve. This ethic imbues all we do to help those with varying disabilities enjoy a more fulfilling life! We offer a safe and nurturing environment in which privacy and personal independence are honored and protected.

Established in 1989, we currently provide affordable independent living assistance, personal care, and personal-development training to over 100 residents in 35 community-based settings across a four-county region in southern Michigan. Our services are available to people of all faiths, cultures, and ethnicities.

Referrals and authorization of services are made through LifeWays CMHA of Jackson and Hillsdale Counties, Lenawee County CMHA, Summit Pointe of Calhoun County and Washtenaw County CMHA.

Christ Centered Homes is a member of the Michigan Assisted Living Association.



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#### **Purpose-Driven**

Each year over 39,000 persons with developmental disability receive care in Michigan. <sup>1</sup>

Our goal is to identify needs and meet them. The joy of serving those most challenged in life is the purpose that drives our mission.

#### **Our Mission**

To enhance the personal independence, and enrich the quality of life for people with developmental disabilities or mental illness.

#### **Our Vision**

#### **Promoting a Culture of Gentleness**

Providing safe, affordable, person-centered and community-integrated housing and support services in a friendly, caring, Christian-based environment that nurtures personal growth and independence.



#### CARF Accredited Since 2002

Christ Centered Home, Inc Holds Nine consecutive Years of Accreditations

"CCH willingly accepts consumers with significant challenges who are often rejected by other organizations ... (CARF Accreditation Survey Summary)."

Christ Centered Homes has repeatedly demonstrated its standard of excellence with six consecutive three-year accreditations from the Commission on Accreditation of Rehabilitation Facilities (CARF), an independent, international, nonprofit accrediting body of health and human services. The CARF accreditation process includes an internal examination of program and business practices followed by an on-site survey conducted by a team of expert practitioners. During this peer-review process, the provider must demonstrate conformance to a series of rigorous and internationally recognized CARF standards.

A recent CARF survey summary cited the following strengths:

The CCH staff is commended for the can-do attitude reflected throughout the organization ... CCH willingly accepts consumers with significant challenges who are often rejected by other organizations ... [Christ Centered Homes] is well respected in the community and is recognized for its capacity to provide services with care and compassion to consumers with high support needs ... staff members are very sensitive to the needs, desires and strengths of their consumers. They ensure that the person-centered plans match the consumer's needs, desires and strengths ... Several of the homes' remodeling projects have occurred to ensure the safety and comfort of the consumers ... [CCH] staff members are tenured, dedicated, professional, **skilled and effective**. They demonstrate teamwork in their willingness to go above and beyond their assigned responsibilities to get the job done. <sup>2</sup>

CARF accreditation is the highest accreditation awarded a residential services provider. It recognizes the organization's ongoing innovation and continued compliance to performance standards. Christ Centered Homes current three-year accreditation is for Community Housing, Community Integration, and Supported Living, and extends to 2017.

- 1 Source: Michigan Developmental Disabilities Council Five Year State Plan, 2012-2016,
- 2 Source: CARF International 2014 Accreditation Survey Summary for Christ Centered Homes.

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#### **Our Services**

#### A Cost-Effective Choice—We go the Extra Mile!

In today's challenging world of managed care and shrinking budgets, we provide affordable solutions! Our services help area community mental health authorities (CMHAs) fulfill the special needs of those with challenging disabilities.

We go the extra mile to find the best possible home settings—always mindful of the safety and protection of both consumer and community alike. Our experienced procurement specialists can locate and retrofit a home to meet all barrier-free requirements while meeting or exceeding target dates for residential placement. Our homes offer high-quality living assistance at affordable costs.

#### With the greatest efficiency!

Our business model is simple. We offer comprehensive services at no cost to the consumer or collaborating agency—Christ Centered Homes assumes virtually all the risk, including locating and retrofitting a residence and providing cost-effective residential-care services with the greatest efficiency. Community-based residential and housing services are provided at a pass-through per diem.

#### Person-Centered Care Empowers Residents to Improve Their Lives

The needs of each person are uniquely different. Our person-centered approach to providing services is in harmony with Michigan's Mental Health Code. <sup>3</sup> We use the person-centered planning process to create an individual plan of service or IPOS for each resident. The input and participation of the resident in this process is key to its success—helping ensure the resident's goals, interests, and preferences are honored. Equally important, this process is outcome based—building on and strengthening the abilities of each resident for an optimal quality of life that is independent and community integrated to the fullest extent possible. We want our residents to reach their full potential!

#### **Full Clinical Support**

Our services include a multidisciplinary team of healthcare professionals that helps prepare each IPOS. Team members include a primary-care physician, a registered nurse, a master's-level social worker, an occupational therapist, a speech therapist, a dietician, a psychologist, and a psychiatrist. In consultation with each resident and guardian, these team members work collaboratively to develop an individual needs assessment so CCH management and direct-care staff can meet specific service requirements for each resident.



Our Homes are Supervised 24/7

CCH staff provides daily personal hygiene assistance ranging from bathing and grooming to dressing and food preparation. Our experienced staff also helps residents engage in social and community activities providing supervision and transportation to local theatres, shopping malls, zoos, parks, and other resident-selected destinations. Additionally, residential staff provides money-management assistance and oversees fitness activities including training for those who choose to compete in Special Olympics.

Our Services, continued on page four.

<sup>3</sup> Source: MCL 330.1712

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## Our Services, continued

We Offer a Structured, Caring and Protective Environment.

CCH currently provides living assistance, personal care and personal-development instruction to nearly 100 consumers in 28 community-based settings in residential communities throughout Calhoun, Hillsdale, Jackson, and Lenawee Counties.

When consumers require barrier-free accommodations, we can provide one to four-bedroom homes including bath, full kitchen, and emergency intercom system. Laundry and housekeeping services, lawn maintenance, and satellite and cable TV are also provided. Each home is managed by a staff-to-resident ratio commensurate with consumer choice and need. CCH staff are trained in first aid, CPR, the proper dispensing of prescriptions, and emergency-assistance preparation in case of evacuation and sheltering due to severe weather.

## A Record of Quality and Performance Standards

Accredited, Trained and Tested

Our record of performance speaks for itself. In a published review, one area provider recently gave CCH the following plaudit for its comprehensive medication policies and procedures:

During a recent on-site audit of Christ Centered Homes, [a] Summit Pointe Performance Improvements staff member ... noticed that the Christ Centered Homes' practice of Medication Administration scored high and left little room for error. She felt that their process should be highlighted and shared within the provider network as other homes may want to consider adopting all or part of Christ Centered Homes practices that have brought them such success. <sup>4</sup>

## **Quality Assurance**

We are Quality Driven

To meet stringent CARF requirements, CCH quality standards are not just met, they are constantly monitored and maintained. We are *quality driven*—regularly evaluating our service performance with internal measures directed by our Quality Improvement Steering Committee. Our Steering Committee team meets monthly to review all services and safety audits, set new goals and objectives, monitor assignments and achievements, identify training needs, and evaluate all quality processes and procedures. The committee also performs guardian and consumer surveys, and reviews data from external audits conducted by area CMHAs.

## **Training and Quality Improvement**

We believe that personal improvement should be the hallmark of every CCH employee. We are committed to empowering our staff with training that improves services, adds value, and helps ensure greater efficiencies. In addition to implementing CARF standards and best practices, we use the internationally acclaimed Blanchard Team-Building Training model to increase employee performance, morale and retention. We also closely follow the training guidelines of area CMHAs.

<sup>4</sup> Source: Summit Pointe Provider Review, Spring 2014, page 1.

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### **Advocacy**

Good public policy is the result of active participation in organizations that advance and promote the best interests of the consumer. We believe in keeping an active profile at all levels of government relations. Christ Centered Homes is a member of the Michigan Assisted Living Association, and our Executive Director serves on the Michigan Department of Human Services Adult Foster Care Licensing Advisory Council.

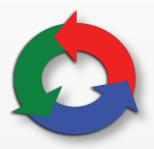
At the most basic level, protecting and encouraging the individual choice and self-determination of the consumer is the core of our advocacy for people with developmental disabilities or mental illness. We do that on a daily basis because the residents we serve deserve our best effort to be their advocate. And that can only happen in an atmosphere of trust. We strive to honor the dignity and aspirations of all residents—helping them to enjoy a safe, healthy, and fulfilling life.

An important part of our advocacy role is to connect residents with community resources, helping create a greater sense of self actualization, personal development, and enhanced quality of life. We also believe it is important to help keep the consumers we serve connected with their circle of friends and family.



### **About Our Logo**

Our corporate logo symbolizes the philosophy and vision at the heart of our services. The linkage of our commitment to Reflecting the Highest Standards, Improving all Services, and Empowering all Individuals creates a perpetual synergy that propels our wheel of performance. This revolving circle represents our continual cycle of evaluation and quality improvement.



## **Our Philosophy and Values**

We believe in empowering all persons—residents and employees. Our success is based on a flexible, team-based approach to service delivery. We are always exploring ways to improve our services through an internal program of ongoing quality improvement.

Organizationally, CCH is structured around the personcentered culture that is participatory at all levels. Like the motion implied in our logo, the valued input from management, staff, and residents provides a seamless flow of information to maintain and constantly improve our service delivery. At the center is the Quality Improvement Steering Committee directing the overall process.

We are committed to a compassionate person-centered model of supports and services that is driven by consumer choice and community inclusion.



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#### Reasons to Choose Us

#### It's all About Relationships

Our expanding network of partners and the persons we collaboratively serve is all about relationships—relationships that grow in the enriching experience of helping one another. Our efficiency and resourcefulness in meeting the needs of area CMHAs is backed by a proven performance record of nearly three decades. We are an affordable residential housing option—accredited, trained and committed to helping care for those most challenged.

#### The CCH Difference

- CARF accredited/Quality driven;
- · Person-Centered Planning;
- Community integrated;
- Compassionate and safe;
- Affordable and efficient;
- Continuous quality assurance monitoring;
- Resident surveys conducted and evaluated;
- Resourceful real-estate specialists for procuring and retro-fitting residential housing;
- A full complement of clinical support;
- Medicaid, Medicare and Social Security payment options welcomed:
- Healthy, nutritious meals supervised by a dietician;
- 24-hour supervision, seven days a week;
- Pharmaceutical supervision;
- Structured activities;
- Speech therapy services;
- Personal hygiene assistance.

If you are a behavior health and human services professional, a CMH representative, or a family member of a prospective resident, we would be pleased to talk to you about our services and how we can assist you. We love to tell our story! Please contact us at (517) 788-9231 or email us at cchhumanresources@yahoo.com. We look forward to hearing from you.

### **Governing Agency**

CCH is monitored by the State of Michigan Department of Human Services (DHS), Bureau of Child and Adult Licensing (BCAL), and is licensed as required by state law. Funding is provided through area CMHAs.

## Affiliations, Referrals and Authorization

Our network of affiliations is built on a shared goal to achieve outcomes that advance the independence and quality of life of our residents. All referrals and authorization of services are currently made through LifeWays CMHA of Jackson and Hillsdale Counties, Lenawee County CMHA, and Summit Pointe of Calhoun County. Christ Centered Homes is a member of the Michigan Assisted Living Association.





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#### **Executive Director**

From the heart of a pastor.

Founder and CEO, Bishop Ira Combs, Jr. has been the driving force behind the success of Christ Centered Homes since its inception. Drawing upon his life experience as a church pastor, Bishop Combs' commitment to serving



the needs of people spawned his vision for providing community-integrated residential services and housing for persons with developmental disabilities or mental illness.

Meeting the spiritual and material needs of those most challenged in life

is a calling Bishop Combs has faithfully followed. He firmly believes building a better community begins with empowering people—one person at a time.

Rev. Combs has served on numerous state and community boards including chairing the Michigan Department of Human Services Adult Foster Care Licensing Advisory Council.

## **Board of Directors**

Bishop Ira Combs, Jr., D.D., Executive Director Sean F. Carroll, Esq. Legal Counsel Dr. Jerry Wilborn, Advisor Anthony Raduazo, Esq., Advisor Richard McLellan, Esq., Advisor and Attorney Norman D. Shinkle, Esq., Advisor/Nonpro it Specialist Consumer Advisor, Director Gregory Crump, MBA, Director Eric Beda, MBA, Director Stephen Nabors, MA, Director Ollire Sealie, Director

#### **Corporate Office:**

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### **Operations Office:**

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Volunteer Opportunities: Christ Centered Homes always welcomes volunteers who meet CCH requirements. For more information, please contact our Human Resources Office at (517) 788-9231 or email us at cchhumanresources@yahoo.com.

### Making a House a Home

"Several of the [CCH] homes' remodeling projects have occurred to ensure the safety and comfort of the consumers ... (CARF Accreditation Survey Summary)."

Our real-estate procurement specialists are tireless professionals. They find just the right residence and prepare it for barrier-free occupancy. They understand a house becomes a home when it serves the needs of those who inhabit it—comfortably and safely. And there begins our legacy of supports and services to people with developmental disabilities or mental illness. Safety, amenities, and aesthetics remain important components of our procurement program.

The CCH residences shown here are located in Jackson County, Michigan. They are typical of Christ Centered Homes 35 community-based settings in residential communities throughout Calhoun, Hillsdale, Jackson and Lenawee Counties.















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